55% of Americans receive health insurance through employers who pay nearly three-quarters of premiums.

**Poor Employee Health Leads To:**

- **Lost Employee Time:** 45 million avoidable sick days every year, which is the equivalent of the working population of Salt Lake City calling in sick every day for a full year.
- **Lost Revenue:** $1,900 to $2,250 in lost revenue per employee every year.
- **Strain from Chronic Conditions:** 3/4 of the money spent by private insurance goes to treat people with chronic illness.

**Employers Can Improve Employee Health By:**

- Sponsoring Wellness Programs
- Promoting Quality Reports on Doctors & Hospitals
- Implementing Value-Based Benefit Design
- Joining a Business Health Alliance

**Health Improvements Result In:**

- **Employers Save Money**
  - Fewer lost work days
  - Slower premium growth
  - Change how they pay for care
- **Employees Are Healthier**
  - Right care at the right time
  - Participate in wellness programs
  - Better partners with health care team
- **Employees Save Money**
  - Reduced co-pays/premiums
  - Avoid unnecessary care
- **Health Care Providers Respond**
  - Motivates doctors and hospitals to provide high-value care

Source: Robert Wood Johnson Foundation