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IOM Regional Symposium ***Progress in Preventing Childhood Obesity:*** ***Focus on Schools***

The complete summary for this symposium is not printed in this prepublication report. However, it can be downloaded in PDF form from www.iom.edu/obesity/. The summary will be included on a CD-ROM attached to inside back cover of the final edited report that will be published in 2007.

Program Agenda **Institute of Medicine Regional Symposium**

Progress in Preventing Childhood Obesity: ***Focus on Schools***

In collaboration with the Kansas Health Foundation
Supported by The Robert Wood Johnson Foundation

June 27-28, 2005
Wichita Hyatt Regency Hotel
Wichita, Kansas

June 27, 2005
Opening Session

Welcome

Steve Coen, Kansas Health Foundation, Wichita

Kathryn Thomas, The Robert Wood Johnson Foundation, Princeton,
New Jersey

Overview of the Meeting Goals and the Report,
Preventing Childhood Obesity: Health in the Balance

Jeffrey Koplan, Emory University and Institute of Medicine (IOM)
Committee on Progress in Preventing Childhood Obesity

Perspectives on Childhood Obesity

Policy Perspectives

James Barnett, Kansas Senate, Emporia

Health Perspectives

James Early, University of Kansas, Wichita

Kansas Teen Leadership for Physically Active Lifestyles

Ann Sparke, Morris County Extension Service, Kansas

Chynna Walters and Mary Byram, Council Grove High School, Kansas

Plenary Panel - Presentations and Discussion

Obesity Prevention and School Policies: Challenges and Innovations

Developing and evaluating state-, district- and school-based changes in
school policy related to childhood obesity prevention

Moderator: *Eduardo Sanchez*, Texas Department of State Health
Services, Austin

Kansas Coordinated School Health Program

Jodi Mackey, Kansas State Department of Education, Topeka

Paula Marmet, Kansas State Department of Health and Environment,
Topeka

School District Comprehensive School Wellness Policies

Joan Pritchard, Goddard School District, Kansas

Elementary School Policies

Janine Kempker, Anthony Elementary School, Leavenworth, Kansas

Ohio Physical Education and Food Service Policies

Dianne Radigan, Children's Hunger Alliance, Columbus, Ohio

School District Food Service Policies

Rosemary Dederichs, Minneapolis Public Schools Food Service,
Minnesota

School District Vending Machine Policies

Carole Farthing, Independence, Kansas School Board

Plenary Panel - Presentations and Discussion**Obesity Prevention and School Programs:****Challenges and Innovations**

Implementing and evaluating state-, district- and school-based programs aimed at childhood obesity prevention

Moderator: *Tom Robinson*, Stanford University Prevention Research Center, Stanford, California

Kansas Physical Dimensions and Physical Focus

Merri Copeland, Friends University, Wichita Kansas

Arkansas School Initiatives

Jim Raczynski, University of Arkansas for Medical Sciences,
Little Rock

Physical Activity Across the Curriculum

Joseph Donnelly, University of Kansas, Lawrence

Coordinated Approach to Child Health

Steve Kelder, University of Texas Health Science Center at Houston

Linking a Food-based Curriculum with the Elementary School Lunch Program

Antonia Demas, Food Studies Institute, Trumansburg, New York

Implementing Changes in Elementary School Curricula and Programs

Sherrie Kisker, Platte County Health Department, Platte City Missouri
Disa Rice and Carolyn Barry, Siegrest Elementary, Platte City,
Missouri

Obesity Prevention: Links with Other Sectors

What efforts by other sectors of the community are relevant to school-based obesity prevention efforts? What are the barriers to change? What is needed to implement and sustain these changes?

Breakout Session #1**Links Between Schools and Home, Community and Healthcare**

Facilitators: *Marshall Kreuter*, Georgia State University, Atlanta;
Susan Foerster, California Department of Health Services, Sacramento

Presentations followed by group discussion:

Heather Duvall, Oklahoma Fit Kids Coalition, Oklahoma City

Mary Ca Ralstin, Kansas PTA, Shawnee

Mim Wilkey, Wichita YMCA, Health & Wellness Coalition, Kansas

Jill Poole, Broken Arrow National Farm to School Program, Oklahoma

LaVonta Williams, Wichita After School Program, Kansas

Deborah Loman, National Association of Pediatric Nurse Practitioners,
St. Louis, Missouri

Breakout Session #2**Links Between Schools and Industry**

Facilitators: *John Peters*, Procter & Gamble Company, Cincinnati,
Ohio;

Jeffrey Koplan, Emory University, Atlanta, Georgia

Presentations followed by group discussion:

Ann Hartley, Advance Food Company, Mooresville, North Carolina

Barbara Jirka, Tyson Foods, Springdale, Arkansas

Ellen Taaffe, PepsiCo, Chicago, Illinois

Nancy Daigler, Kraft Foods, Northfield, Illinois

Jane Byrnes-Bennett, Midwest Dairy Council, Wichita, Kansas

Breakout Session #3**Links Between Schools and the Built Environment**

Facilitators: *Russ Pate*, University of South Carolina, Columbia;
Ann Bullock, Health and Medical Division, Eastern Band
of Cherokee Indians, North Carolina;
Toni Yancey, UCLA School of Public Health

Presentations followed by group discussion:

Ian Thomas, PedNet, Columbia, Missouri
Dan Grunig, Bicycle Colorado, Colorado Safe Routes to School, Denver
Judy Johnston, Walkin' Wichita, Kansas
Dave Barber, Wichita-Sedgwick County Metropolitan Area Planning
Department, Kansas
Wess Galyon, Wichita Home Builders Association, Kansas

Reception and Dinner

Wichita Art Museum

Dinner Speaker: *Matt Longjohn*, Consortium to Lower Obesity in
Chicago Children, Illinois

Tuesday, June 28, 2005**Plenary Session****Welcome**

Howard Rodenberg, Kansas State Health Director, Topeka

Opening Remarks

Vickie James, Healthy Kids Challenge, Dighton, Kansas

**Keystone Youth Policy Summit on Child and Adolescent
Nutrition in America**

Larry Walker, Meagan Geuther, Steven Gohlke, Paige Ibanez,
Academy of Science and Technology, Conroe, Texas

Reports from Breakout Sessions

Plenary Panel - Presentations and Discussion**Preventing Childhood Obesity: What More Can Be Done?**

What are the barriers to further progress? What more can be done at the federal, state, community and private sector levels?

Moderator: *Doug Kamerow*, RTI International, Washington, DC

Federal Perspective

Mary McKenna, Centers for Disease Control and Prevention, Atlanta, Georgia

State Perspective

Rod Bremby, Kansas Department of Health and Environment, Topeka

Community Perspective

Brenda Kumm, Mid-America Coalition on HealthCare/
KCHealthyKids.org, Kansas City, Missouri

Foundation Perspective

Billie Hall, Sunflower Foundation, Topeka, Kansas
Kathryn DeForest, Missouri Foundation for Health, St. Louis

Industry Perspective

Louise Finnerty, PepsiCo, Purchase, New York

Group Discussion**Closing Session**

Summary and Next Steps

Jeffrey Koplan, IOM Committee on Progress in Preventing Childhood Obesity